



LYF is a non-profit foundation dedicated to funding programs that promote the values of citizenship, community service, mentoring and creative exploration to create a lasting, positive change in the lives of our youth.

Lake Youth Foundation  
Quarterly e-Newsletter  
September 2007, Volume 2, Number 3

Lake Youth Foundation  
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#### Foundation Board

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## Crowd Cheered Loudly At 3<sup>rd</sup> Cardboard Boat Regatta

Over 180 people gathered on Saturday, July 28<sup>th</sup> amid the hot and steamy weather to cheer on twelve participants as they paddled their boats near Sailboat beach.

The races started with a splash as **Ryan Bayne** (*The Bus*) and **Aaron Craig** (*Marine Iguana*) had both of their boats capsize immediately upon entering the water. Ryan was able to paddle a small piece of his boat to go on and win first place in the 15–50 category with *Marine Iguana* coming in second. **Phyllis Woolfe** and **Anne Baxter** (*S.S. Rock n Roll*), racing unopposed, paddled to the finish line for first place in the 51 and older category.

The **Brent Pettyjohn** and **William Ross families** won first place in the Parent and Child category with their boat *Soggy Bottom* while *Happy Feet* (**Hank Lewis** and **Rachael Stephens**) came in second place.

The third race was reserved for schools, civic organizations and businesses. **Bobbie Prees** and **Aidan Templin** paddled their boat *J-Wave* (Jafrá Cosmetics) slow and steady and eventually won first place when they overtook *Yarrrrrgh* captained by **Jack Breese, Emily Clark and Shannon O'Reilly** from Thomas Jefferson School of Science and Technology as they sunk, putting them in second place. **Elle Hayes** along with **Mark and Joe Albrecht** had trouble from the start when their boat *Black Barnacle* immediately took on water minutes after leaving shore and came in third place.

Our fourth and final race was reserved for the 14 and younger crowd. **Andie Hochenberger** (*Boat R Fly*) paddled her boat to an awesome first place win for the second year in a row. **Eric and Dennis Kramer** (*The Yellow Submarine*) came in second, *Pizza Time* (**Nathan and Jason Hileman**) came in third and **Mason Greenblatt** of *The Grey Pearle* swam the remnants of his boat in for fourth place.

The following boats received special recognition by our judges:

Best in Show– <i>Marine Iguana</i>	Most Likely to Float– <i>Yellow Submarine</i>
Titanic– <i>The Bus</i>	People's Choice– <i>Happy Feet</i>

The LOWA Board of Director's presented a special award to commemorate the 40<sup>th</sup> Anniversary of LOW by awarding a trophy to *The Yellow Submarine* for best capturing the spirit of the 1960's.

Event participants were awarded LOW 40<sup>th</sup> Anniversary medallions, tee shirts and trophies. In addition to our annual corporate sponsors, we would like to thank The Law Offices of Getty & Associates, The Car Doctor, MAK Plumbing & Construction, Locust Grove Town Center, Titan Construction, Midway Barber Shop and Venice Italian Restaurant for sponsoring this event.



### 2007 - 2008 Sponsors

#### Gold Sponsors

LOW Lioness Club

LOW Lions Club

#### Silver Sponsors

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#### Bronze Sponsors

Teller Dental  
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The Market at  
Locust Grove



## Super Sitter Course Graduates Qualified Sitters

The Supersitter Class ran as two three-day sessions during the month of August. Guest instructors were Sue Merna for First Aid, Peggy Howie for handling young babies and Lee Frame from the LOW Rescue Squad. During week 1, the guest baby was Matthew Crowell.

Using dolls instead of babies, the students practiced diapering, dressing and swaddling infants. They also learned and practiced games & activities to keep older children occupied. An emphasis on safety and the correct 911 response to emergency situations were also part of the curriculum.

Seventeen teens and preteens graduated from this course. The graduates received a certificate for completing the course and a Super Sitter sack. In this sack, sitters can carry emergency info, toys and games. Parents who would like a copy of the Super Sitter list, can call Mary Lou McFarland at 540-972-1483.

## Three Scholarships Awarded To Outstanding Youth



The Lake Youth Foundation would like to congratulate Brendan Wesolowski, Shayne Storey, and Victoria Ann Deren on their LYF scholarship awards! Mr. Wesolowski received the Inspiration Station \$1,000 scholarship, Ms. Storey received a \$1,000 scholarship and Ms. Deren was awarded a \$500 scholarship toward their higher education expenses. These scholarships were given in recognition of their contribution to their community through the volunteering of their time and talents to better the community and also in recognition of their outstanding academic achievements!

LYF wishes Mr. Wesolowski, Ms. Story and Ms. Deren great success in college and beyond. We are confident that these stellar young people will continue to use their time, talents and energy to affect positive change in their community wherever the future takes them.

We would also like to thank Melanie Dynes and Lois Powell for setting up criteria and distributing applications. The recipients were chosen by a committee made up of the LYF Directors. Congratulations!!!

## LYF Is Looking For Halloween Helpers



On Saturday, October 27<sup>th</sup>, LOWA will hold their annual "Treats On The Point." LOW is not a community suited for door-to-door visits because of the woody atmosphere, and lack of sidewalks and street lights. Therefore, this activity was begun several years ago so that families with small children have the opportunity to take their children "Trick or Treating" in a safe, lighted area. Because the Equestrian Center is not sponsoring their Haunted Barn this year, LYF is looking for volunteers to help create a "Spooky Walk" in conjunction with "Treats On The Point" for those brave enough to dare enter. If you would like to help with this project, please call Connie Buttimer at 972-0083.



**Sponsor Categories**

**Individual/Family**

- Bronze .....\$15.00**
- Silver .....\$25.00**
- Gold.....\$50.00**
- Platinum..... \$100.00**

**Benefits**

- \*Quarterly e-Newsletters
- \*Independence Day Parade Participation
- \*Special Event Invitations
- \*Platinum Sponsor: \$50.00 of sponsorship goes to LYF's Scholarship Fund

**Corporate/Organization**

- Bronze ..... \$150.00**
- Silver ..... \$250.00**
- Gold..... \$500.00**
- Platinum..... \$1000.00**

**Benefits**

- \*Quarterly e-Newsletters
- \*Name & logo on: Website with hyperlink, Registration forms, Event Posters, Regatta T-shirts
- \*Acknowledgement in e-Newsletter
- \*Scholarship Fund Contribution: Silver ..... \$100.00, Gold..... \$350.00, Platinum..... \$1000.00

**Santa Will Visit On December 15<sup>th</sup>**



LYF has issued a special invitation to Santa to come and visit us on Saturday, December 15<sup>th</sup> from 6-8pm at the LOW Community Center. He has happily agreed to spend time with the children and grandchildren of Lake of the Woods residents. Activities by the LOW Players, our Junior Magicians and other organizations will help pass the time while children wait their turn to talk with Santa. We hope to make that time more interesting this year with more entertainment. Refreshments will also be served.

Last year over 100 children visited with Santa and their proud parents/grandparents were given the opportunity to take pictures of the visit. Although the wait time was long last year, children were thrilled by the personal attention received when Santa actually talked to each child. So mark your calendar for this special night. If you would like to volunteer to help with this project, please call Connie Buttimer at 972-0083.

**4-H Sponsors Wacky Science Workshop**

The Lake Youth Foundation and Orange County 4-H teamed up again this summer by holding an enrichment program here at our Community Center. Ashley Elgin, 4-H Youth Program Coordinator for Orange County, presented a *Wacky Science Workshop* on Thursday and Friday, August 16-17. This event taught science concepts in a fun and entertaining way. The students learned how to make exploding Mentos fountains, squeezed eggs into milk bottles, cooked s'mores using a solar oven and many other wacky science projects. We hope these programs will get our youth interested in 4-H and hopefully get a 4-H program started here in the lake. If you are interested in volunteering to start a community group or would like more information on 4-H programs, please contact Ashley Elgin or Kaci (Coppedge) Daniel at 672-1361.

**Children's Butterfly Garden To Beautify Area**



LYF has pledged support, in the form of children interested in gardening, to the LOW Garden Club project of establishing a Children's Butterfly Garden. The garden will be located between the Community Center and the Sweetbriar Pavilion. A \$1000 grant from the Virginia Federation of Garden Clubs was awarded to our local garden club toward this project. Landscape work and soil preparation will begin this Fall with the cooperation of the LOW Association Grounds Maintenance Crew. Some bushes, bulbs and trees will be planted now, but the bulk of the planting will occur in the Spring. At that time we will be looking for some junior gardeners. This is a multi-year project, but Phase 1 should be completed by May 2008. Future plans call for walkways, benches, and educational signage. Additional trees, bushes and flowers will be planted in the next phases. But it is essential that children be involved in the planting of this garden. For more information or to volunteer your expertise, contact Connie Buttimer, Project Coordinator at 972-0083.



### Important Numbers

**Emergency/Fire/Police**  
911

**VA State Police**  
1-800-572-2260

**Orange County Sheriff**  
540-672-1200

**OC Animal Control**  
540-672-9725

**Poison Control**  
1-804-451-1428

**Substance Abuse**  
1-800-835-6130

**Coping Hotline**  
540-371-1212

**LOWA Security**  
540-972-2020

**LOWA Gatehouse**  
540-972-2210

**LOWA Office**  
540-972-2237

**Activity & Wellness**  
540-972-9680

**LOWA Clubhouse**  
540-972-2222

**Clubhouse Pool**  
540-972-2232

**Sweetbriar Pool**  
540-972-2231

**REC–Electricity**  
540-898-8500

**RSA–Water & Sewer**  
540-972-2133 or 2234

**Adelphia Cable Failure**  
1-888-683-1000

**Verizon–Phone Outage**  
1-800-483-1000

## Do You Believe In Magic?

Once again, a Magic Class will be offered in November. The classes will be on Tuesdays from 4:30-5:30pm at the Community Center. We want all of our previously trained Junior Magicians and any new ones in grades 2<sup>nd</sup> – 4<sup>th</sup>. After the class is completed, all of our Junior Magicians will be invited to entertain the children at the LYF Christmas party, which is scheduled for December 15<sup>th</sup> at the Community Center. Registration forms for the Magic Class are available at the Holcomb Building, the Community Center, or from our website at [www.lakeyouth.org](http://www.lakeyouth.org).

## LOWA Youth Activities Thanks LYF!

The LOWA Youth Activities Committee would like to thank LYF for providing a free moon bounce for the 40th Anniversary Block Party. It was a big hit with the kids, and it really helped make the event a success.

Mark your calendars for the return of the Battle of the Bands, Saturday, November 10th, at the Community Center. Last year's Battle was a great success, and this year should be even better! For more information or if you know of a band that would like to participate, contact Karen O'Donnell at 972-0572. Also, if you would like to receive the quarterly e-newsletter from Youth Activities, send an email to [youthinfo@comcast.net](mailto:youthinfo@comcast.net). Your email address will not be shared with anyone. All e-newsletters will be blind copied to you. No one will see your email address.

Another event to be watching for is the Rummage Sale at the Locust Grove Middle School on September 29<sup>th</sup> from 8am to noon. Proceeds will benefit the Locust Grove Middle School Band.

—Lee Crowell, Vice Chairman, LOWA Youth Activities Committee

## LYF Board Welcomes New Member

**Hank Lewis** was elected in August as our newest LYF Board Member. He brings many years of experience as a Youth Activities Committee member and also as coordinator of the LOW Children's Fishing Tournament. Hank's talents and ideas will surely benefit the youth of our community. At our last meeting, Hank volunteered to coordinate our Easter Egg Hunt scheduled for the Saturday before Easter, March 22<sup>nd</sup>, at the Community Center. We are very excited to have him on the LYF board of directors!

## ...And Says Farewell To Melinda

We are sorry to announce that **Melinda Stephenson**, our Membership Chairperson and Easter Egg Hunt Coordinator, has resigned from our board of directors. She has taken a job as a Teachers Aid in the Lake Co-Op Preschool where she will continue to help the younger children in our community. We wish her much success in her new assignment.





### **Youth Organizations and Services**

#### **4-H Clubs**

Kaci Coppedge Daniel,  
672-1361

#### **Boy Scouts/Cub Scouts**

Joe Yeager, 972-3479

#### **Boys and Girls Club of Orange**

www.bgcluborange.com

#### **Girl Scouts**

Whitney Wade,  
540-661-4254  
Carol Moyer, 972-3240

#### **Higher Power Performance Team**

LOW Church 972-9060

#### **Junior Sailing Program**

Bob Doan, 972-8969

#### **LOWA Youth Activities**

972-2232

#### **LOW Players**

Marion Pronk, 972-0808

#### **Lake Co-op Preschool**

972-9683

#### **Locust Grove Elementary School**

661-4420

#### **Locust Grove Middle School**

661-4444

#### **Orange County High School**

972-3133

#### **Orange County Office on Youth**

672-5484

#### **Soccer, Orange Recreation Association**

972-3740

#### **Swim Team Barracudas,**

www.lowswimteam.org

#### **Water Ski Club**

Dave Kronenwetter, 972-1084  
usawaterski.org

## **LOW Players Have A Cooperative Spirit**

The Lake Youth Foundation extends many, many thanks to the Lake of the Woods Players for their continued support and assistance. The LYF often calls upon the LOW Players to assist in organized events for our youth, and they are more than willing to become involved with a cooperative spirit. We certainly appreciate their presence during our "Visit With Santa" at Christmas time. They were also instrumental in helping to organize our Video Class this spring. We are looking forward to the LOW Players' assistance in our plans for a Halloween "Spooky Walk" which is coming up on October 27<sup>th</sup>. The LOW Players use "high performance encouragement" to help our youth become involved in theatre.

The LOW Players tell us that there are about twelve young people involved in the current production, "Once Upon A Mattress", to be presented at the Community Center on November 30<sup>th</sup>, December 1<sup>st</sup>, 2<sup>nd</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>. So let's keep the cooperative spirit alive between our two organizations and reserve a date to see the show. You may purchase tickets starting October 15<sup>th</sup> using their web site, [www.lowplayers.org](http://www.lowplayers.org) or call 972-5928.

### **A Message From The President**



It has been a busy four months for the LYF Board of Directors. We hosted an alumni pool party in May for the students who attended our Youth Educational Series (YES) workshops during the 2006-2007 school year. We awarded a \$1,000 Inspiration Station scholarship, and a \$1,000 and \$500 college scholarship to three well-deserved high school seniors for their outstanding community service to our Lake of the Woods community. We also sponsored two Super Sitter classes and hosted a 4-H Wacky Science Workshop at the community center during the month of August.

In June we had our annual membership fund drive in which we gained three new sponsors. We would like to thank The Market at Locust Grove, and Seong's Martial Arts Academy at Lake of the Woods for contributing at the Bronze corporate membership level. We also owe a special thank you to Clearwater Grill for serving lunch at our Cardboard Boat Regatta and donating a portion of the profits to become a Silver corporate member.

Our last family event for the summer was our 3<sup>d</sup> Annual Cardboard Boat Regatta commemorating LOW's 40<sup>th</sup> Anniversary! This was a huge success with well over 180 people present to watch twelve cardboard boats sink or float in the waters off of Sailboat Beach. We want to thank Captain Dreadlock (Otis Adgeron) for taking time out of his busy schedule to MC this event! Many people have commented to me on the wonderful community spirit that was present that day along with the great food from Clearwater Grill and Tandy's Ice Cream and Coffee Café.

Please check the rest of this newsletter for our upcoming events. Don't forget to contact us at [info@lakeyouth.org](mailto:info@lakeyouth.org), if you are interested in volunteering your time or talents to help the youth in our community.

– Diane Hileman

# Thanks To Our Corporate Sponsors

LYF has funds to provide scholarships and programs for the upcoming year because of the generous donations of our Corporate Sponsors. Please thank them when you visit their organization or business.

**Seong's Martial Arts Academy**  
LOW Dojang  
Toby Layman  
lowtkd@aol.com

**The Market at Locust Grove**  
32301 Constitution Highway  
Kenny Dotson  
540-854-4085

**LOW Players**  
Manager, Marion Pronk  
For tickets or information:  
www.lowplayers.org  
540-972-5928

**Clearwater Grill and Catering**  
4276 Germanna Highway  
Juli & Lenny Schafer  
540-972-0606  
www.clearwatergrill.com

**LOW Lions Club**  
P.O. Box 605  
Selven Powell, President  
540-972-3453

**Teller Dental**  
Hugh Teller, DDS, PC  
35070-B Germanna Heights Dr.  
540-399-9841

**LOW Lioness Club**  
P.O. Box 822  
Kathi Martin, President  
540-972-0135

**Tandy's Ice Cream  
& Coffee Cafe**  
36080 Goodwin Drive  
540-972-0767

**Lake of the Woods Marine**  
3281 Germanna Hwy.  
540-972-3740

**Your Business Or Organization  
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