



LYF is a non-profit foundation dedicated to funding programs that promote the values of citizenship, community service, mentoring and creative exploration to create a lasting, positive change in the lives of our youth.

Lake Youth Foundation
Quarterly e-Newsletter
May 2007, Volume 2, Number 2

Lake Youth Foundation
P.O. Box 964
Locust Grove
Virginia 22508
www.lakeyouth.org
540-972-8634

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Join Us For LYF's 3rd Annual Cardboard Boat Regatta

The Lake Youth Foundation will hold their 3rd Annual Cardboard Boat Regatta, commemorating LOWA's 40th Anniversary, on Saturday, July 28th. The Regatta challenges families, clubs, organizations and local businesses to design, build, and paddle boats made of corrugated cardboard, glue, tape, and paint around a 100-yard course. The children's course will be approximately 50 yards. Build a boat and challenge your friends or gain publicity for your organization or business. Family fun and community spirit are what this event is all about!

Participants will drop off their boats around 11:30am at Sailboat Beach (near Clubhouse Beach). The boats will be judged for best design, seaworthiness and creativity prior to the races. The categories are Best in Show, Most Likely to Float, Titanic (most likely to sink), LOWA Board of Director's 40th Anniversary Award and Peoples Choice Award. For the People's Choice Award, spectators will vote on the boat of their choice by placing money in a jug next to their favorite boat. The boat with the most money collected will win the award. Proceeds from this award will go toward funding LYF's educational programs and yearly events. The races will begin after the awards have been presented. To ensure that everyone has an equal chance to win, the races will be divided into the following categories:

- | | |
|-----------------------|-------------------------------|
| (1) Ages 14 and under | (4) Parent and Child |
| (2) Ages 15 – 50 | (5) Civic/Scout/Club/Business |
| (3) Ages 51 and older | |

Boats will be raced in heats with times determining place finishes in each category. To qualify for a trophy, all crewmembers must be in their boat as it crosses the finish line. After all races have been completed, trophies will be presented to 1st and 2nd place winners in each category. All crewmembers will also receive a medal for participating.

As an added bonus all boat captains will receive a free tee shirt if they register their boat by July 2nd. This year our tee shirts are Oceana green with white lettering. They will be selling for \$10.00 a shirt. If you are interested in buying a shirt, you may send an email to hileman1@comcast.net and state your name, address, phone number, and shirt size.

We look forward to seeing everyone at the Regatta. If you would like to volunteer or need any additional information, please contact Diane at 972-8634 or at the above email address. Registration forms will be available after May 18th on our website www.lakeyouth.org, or from the Community Center and Holcomb Building.



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& Coffee Cafe

So, You Want To Be A Nurse?

The Lake Youth Foundation (LYF) continues with their YES programs during this three-session workshop on nursing careers. An RN member of the Germanna Community College Nursing Department will show students how to take blood pressures, pulses, temperatures, respirations, etc. Take this opportunity in an enjoyable atmosphere to find out:

- What a nurse actually does,
- If it is a profession for you,
- If it is a good profession for males

Registration forms are available from the LYF website www.lakeyouth.org LOW Community Center and the Holcomb building.

Location: **Community Center Preschool Room**

Dates: **June 11, 18, 25**

Times: **10:00am to Noon**

Participants: **Ages 11 and up**

Cost: **No Fee**



Super Sitter Course Returns

A babysitter and mother's helper training course will be sponsored by Orange County 4-H and the Lake Youth Foundation. Students will learn safety training with lessons in First Aid and CPR, handling babies with confidence, practice discipline, and learn fun activities that young children will enjoy. All students that complete the workshop will receive a Super Sitter tote bag filled with valuable information that they can take with them to their babysitting jobs. Registration forms for this class are available on our website www.lakeyouth.org, the Community Center and the Holcomb Building.

Location: **Community Center Preschool Room**

Dates: **August 6, 7, 8**

Times: **9:00am to Noon**

Participants: **Ages 11 - 14**

Cost: **\$10 per student**

YES! Alumni Pool Party Scheduled for May

The Lake Youth Foundation is sponsoring a Youth Educational Series (YES!) Alumni Pool Party on Tuesday, May 29th from 4:00 – 6:00pm at Sweetbriar Pool for any student, accompanied by an adult, that has taken a YES workshop. All past students should have received an email or phone call inviting them to the party. If your child has attended a YES workshop, and has not been contacted, please call Diane at 972-8634 or respond by email to hileman1@comcast.net.

Farewell To A Founding Board Member

We extend our appreciation to Selven Powell, one of our founding board members, for his dedicated service to our Foundation. His guidance and support over the past two years has been a tremendous help to all of us. Selven is still heavily involved in other community service activities. He will become President of the LOW Lions Club in July. We wish him much success!



Membership Categories

Individual/Family

Bronze \$15.00

Silver \$25.00

Gold..... \$50.00

Platinum \$100.00

Benefits

- *Quarterly e-Newsletters
- *Independence Day Parade Participation
- *Special Event Invitations
- *Platinum Member: \$50.00 of membership goes to LYF's Scholarship Fund

Corporate/Organization

Bronze \$150.00

Silver \$250.00

Gold..... \$500.00

Platinum \$1000.00

Benefits

- *Quarterly e-Newsletters
- *Name & logo on:
 - Website with hyperlink
 - Registration forms
 - Event Posters
 - Regatta T-shirts
- *Acknowledgement in e-Newsletter
- *Scholarship Fund Contribution:
 - Silver** \$100.00
 - Gold**..... \$350.00
 - Platinum** \$1000.00

LYF Sends Jenn Off With Good Wishes

It's with great sorrow and good wishes for the future that we bid good-bye to Jenn Sweigart, Lake of the Woods' first Activities and Wellness director. For the past 4 years, Jenn has worn many hats. She leaves behind a new Community Center as well as a host of fantastic events and activities that we have come to love and enjoy. Lake Youth Foundation would like to thank Jenn for her invaluable advice and support. Her many volunteer hours were crucial in the formation and continued success of LYF. Good luck in your new position! —Lee Crowell

Scholarships To Be Awarded Soon



It is hard to believe that the deadline for LYF Scholarship applications has already passed. The deadline was May 1, 2007. We have received several applications and it looks like the final decisions will not be easy. We are awarding two \$1000 scholarships: the *Lake Youth Foundation Scholarship* and the *Inspiration Station Scholarship* and one for \$500.00.

As a reminder we would like to state again what the requirements are. The graduate must have a GPA of 2.5 or higher. He/she must be accepted at an accredited four-year college, community college, or trade school. The applicant must be a dependent of Lake of the Woods member or registered tenant whose primary residence is Lake of the Woods (Locust Grove, Virginia). The scholarship is open to a graduating senior who attends a public high school, private school, or is home schooled. An important requirement is that the applicant be involved in volunteer work in his/her community.

Scholarship finalists will be required to complete an interview with the LYF scholarship committee. The finalists will be notified by the last week of May. We thank everyone who sent in an application. We look forward to meeting with the scholarship finalists —Lois Powell

First Annual Easter Egg Hunt Was A Snowy Success

The Lake Youth Foundation held its' First Annual Easter Egg Hunt Saturday, April 7th at 1:00pm. Even with cold temperatures and a little snow lingering on the ground, 51 children between two and eight years of age, along with parents and grandparents, came to Sweetbriar Park for a chance to find some Easter treats. Over 100 children had registered for the hunt, and a fifty percent showing under less than desirable weather conditions was inspiring! Children were divided into three age groups and hunted for eggs at twenty-minute intervals. 850 eggs filled with candy and stickers were hidden by the pavilion, on the playground area, and along the walking trail. A special thank you goes out to the Fun Bunch who graciously donated their time and egg stuffing skills to help stuff 500 eggs!

LYF would also like to recognize our corporate sponsors, whose memberships help fund our programs and events like the egg hunt: Inspiration Station, Law Offices of Getty and Associates, LOW Lioness Club, Dominion Auto Repair, LOW Lions Club, Lake of the Woods Marine, Hugh Teller, DDS, Domino's Pizza, PDQ Copy & Print, LOW Players and Tandy's Ice Cream and Coffee Café. A final thank you goes to the following LOW youth who volunteered their time to help hide eggs for the hunt: Jason and Nathan Hileman, Caitlin Stephenson, and Deven Petty.

If you would like information about the Lake Youth Foundation, please visit our website at www.lakeyouth.org. —Melinda Stephenson



Important Numbers

Emergency/Fire/Police
911

VA State Police
1-800-572-2260

Orange County Sheriff
540-672-1200

OC Animal Control
540-672-9725

Poison Control
1-804-451-1428

Substance Abuse
1-800-835-6130

Coping Hotline
540-371-1212

LOWA Security
540-972-2020

LOWA Gatehouse
540-972-2210

LOWA Office
540-972-2237

Activity & Wellness
540-972-9680

LOWA Clubhouse
540-972-2222

Clubhouse Pool
540-972-2232

Sweetbriar Pool
540-972-2231

REC–Electricity
540-898-8500

RSA–Water & Sewer
540-972-2133 or 2234

Adelphia Cable Failure
1-888-683-1000

Verizon–Phone Outage
1-800-483-1000

A Message From The President



Can you believe that summer is just around the corner? It seems just like yesterday that our children started school. The Lake Youth Foundation began the year off with our Youth Educational Series (YES) workshops. These workshops were held monthly, on Tuesdays from 4:00 – 5:30pm in the Community Center. We had various topics each month such as: Lights, Camera, Action!, Absolutely Astounded by Art, and Our Wild and Wonderful Lake.

We had some awesome volunteers from right here in our community that I would like to acknowledge. They are Melanie Parmelee, Jason Switzer, Otis Adgeron, Charlie Lively, Dick and Marion Pronk, Lee Crowell, Connie Buttimer, Suzanne Giannini, and Mary Lou McFarland. We also want to thank Lisa Hooten from the Art Center in Orange for teaching classes to our youth during the month of March. If anyone has any talents that they would like to share with our youth, please contact Diane at info@lakeyouth.org or by phone at 972-8634 so we can discuss scheduling a future workshop.

Our Easter Egg Hunt was a huge success even though it felt more like Winter than Spring. I think this will become a yearly Foundation event, so if this is something that you would like to help out with, please contact me at the above email address and we can add you to our volunteer list.



With summer approaching, we begin to think about our Membership Drive. This is when local businesses, clubs, and organizations either become new members of our Foundation or renew their current memberships. If memberships are received by June 30th, your logo will appear on our Cardboard Boat Regatta tee shirts that will be available for sale to the public. Another way to get publicity is to build a cardboard boat and enter it in our 3rd Annual Cardboard Boat Regatta. This event is getting more popular every year so please contact our Membership Chairperson, Melinda Stephenson, at 972-0757, to renew your memberships or to get more information about our Foundation. The youth of our community really appreciate your generous contributions that help fund our educational programs, fun family events, and our higher education scholarships. —Diane Hileman

LOW Players Recognized As Bronze Members

On April 11th, Diane Hileman and Melinda Stephenson presented the LOW Players with a certificate of appreciation recognizing their Bronze membership contribution to LYF. Diane and Melinda gave the Players an overview of the programs and goals of LYF, highlighting our newest event, the LYF First Annual Easter Egg Hunt.

Membership contributions allow us to fund our Youth Educational Series (YES!), fun events like the Egg Hunt, the Cardboard Boat Regatta, and a Visit with Santa, and will allow us to award scholarships to deserving youth for the first time this year! If you are interested in joining LYF with a family or corporate membership, please call Melinda at 972-0757. Your support is greatly appreciated!—Melinda Stephenson



Youth Organizations and Services

4-H Clubs

Kaci Coppedge, 672-1361

Boy Scouts/Cub Scouts

Joe Yeager, 972-3479

Boys and Girls Club of Orange

www.bgcluborange.com

Girl Scouts

Whitney Wade,
540-661-4254
Carol Moyer, 972-3240

Higher Power Performance Team

LOW Church 972-9060

Junior Sailing Program

Bob Doan, 972-8969

LOW Youth Activities

Jenn Sweigart, 972-2232

LOW Players

Marion Pronk, 972-0808

Lake Co-op Preschool

972-9683

Locust Grove Elementary School

661-4420

Locust Grove Middle School

661-4444

Orange County High School

972-3133

Orange County Office on Youth

672-5484

Soccer, Orange Recreation Association

972-3740

Swim Team Barracudas,

www.lowswimteam.org

Water Ski Club

Dave Kronenwetter, 972-1084
usawaterski.org



Would You Like To Tend Our Flock?

We are looking for volunteers to care for our "Flock". Friends or neighbors could order a flock of pink flamingos to be placed on someone's yard for a fee. They would "flock" for a day and be removed by the "flock tender" the next day. This project requires a dedicated volunteer to care for the birds and their flocking. If you are fun loving and would like to help us raise funds, call 972-0083 to volunteer.

Corporate Members Keep LYF Well Funded

LYF ended its fiscal year well financed because of the generous donations of our Corporate Members. They contributed three times as much, as compared to the previous year.

Even though donations from individuals and families fell far short of expectations, LYF has adequate funds to provide scholarships and programs for the upcoming year.

Thank you to the following:

Inspiration Station
Robin Ayala
540-379-9999
inspirationstationva.com

The Law Offices Of
Getty & Associates, PC
4258 Germanna Hwy.
540-972-7600

LOW Lioness Club
P.O. Box 822
Nan Reid, President
540-972-0135

Dominion Auto Repair
4084 Germanna Hwy.
dominionautorepair.com
540-972-1352

LOW Lions Club
P.O. Box 605
Don Rogers, President
540-972-3453

Domino's Pizza
36103 Goodwin Drive
540-972-3811

Hugh Teller, DDS, PC
35070-B
Germanna Heights Drive
540-399-9841

Lake of the Woods
Marine
3281 Germanna Hwy.
540-972-3740

LOW Players
Manager,
Marion Pronk
540-972-0808

PDQ Copy & Print
4014 Germanna Hwy.
540-972-1633

Tandy's Ice Cream
& Coffee Cafe
36080 Goodwin Drive
540-972-0767